


Self Determination

It's Not a Program
It's a Way of Life.....
Here's How You Get It!



Managed Comprehensive Provider Networks (MCPNs)

Detroit Wayne County Community Mental Health Agency (DWCCMHA)
Customer Service 313-833-2500
Office of Recipient Rights 313-339-5595

Customer Service Enrollment – 888-490-9698

Consumer Link Network
David Pankotai
Executive Director
Customer Service
888-711-5465


Community Living Services
James Dehem
Executive Director
Customer Service
866-381-7600

Synergy Partners
Ron Ostroff
President & CEO
Customer Service
866-724-7544






How to Access Services

- Contact DWCCMHA Customer Service Enrollment by calling (888)-490-9698 to request an enrollment packet.
 - Contact the MCPN of your choice to schedule a face-to-face assessment. That MCPN is responsible for determining eligibility and for completing an intake assessment.
 - Intake assessments can be done by:
 - CLS – 734-467-7600.
 - Synergy Partners – 866-724-7544.
 - Consumer Link Network – 734-785-7337.
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How to Access Services

- Once MCPN completes assessment and eligibility is determined, the enrollment form along with assessment documents are sent to DWCCMHA for entering in CMH Link database.
 - Consumer and the chosen MCPN will receive confirmation letter from CMH Link verifying MCPN and start date of services.
 - The enrollment process can take up to 30 days.
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How to Access Services

- Once the MCPN receives confirmation from CMH-Link, a supports coordinator should be assigned and will call the consumer to schedule their **Person Centered Planning** meeting.
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What Is Person Centered Planning?

- A **process** for planning and supporting the person receiving services that...
 - Builds upon the person's capacity to engage in activities that promote community life;
 - Honors the person's preferences, choices and abilities; and
 - Involves families, friends and professionals as the person desires or requires.
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Person Centered Planning Is Also.....

- A law – part of the Mental Health Code
 - http://www.michigan.gov/documents/mentalhealthcode_113313_7.pdf.
- Powerful – because the plan drives the services from the Mental Health System, and those services have legal appeal rights.






Individual Plan of Service

- Is developed as part of the Person Centered Planning Process and considers
 - Health and safety
 - Natural supports
 - Supports from the Mental Health System
 - State Plan
 - Waivers






Self Determination

- Is not a program
 - Is a way to gain control over the services and supports offered through the Mental Health System
 - Has the following principles
 - Freedom
 - Support
 - Authority
 - Responsibility
 - Confirmation
- 




Freedom

- To plan a meaningful life with help from trusted people
 - Family
 - Friends
 - Advocates
- 



Support

- Identified in the plan based on a need to achieve the goals of community inclusion and participation, independence and/or productivity.
 - Offered with the assistance of a coordinator who works for the person.
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Authority

- The person has the authority over a targeted amount of funds known as their individual support budget.






Responsibility

- For managing the budget
 - With help from a Fiscal Intermediary
 - For spending the money wisely
 - For staying within your budget
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Confirmation

- The Mental Health System confirms that the person has the right to control decisions about their life.
 - The Mental Health System confirms that people and their families have a right to be a part of decisions that affect their system.
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Self Determination Tools

- Independent Support
 - Individual Budget
 - Fiscal Intermediary
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Independent Support

- Is there a circle of support to help someone live their life?
 - Does the plan help someone develop new relationships or maintain existing relationships?
 - Does the plan help someone to be part of their community?
 - Does the plan help the person to be more in charge of their life?
 - Does the plan help the person to pursue their dreams?
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Individual Budget

- Does the plan help the person control their budget?
 - Budget takes into consideration
 - Entitlements (SSI, SSDI, Food Stamps)
 - Earnings
 - Home Help
 - In-kind contributions
 - Mental Health Services
- 



Fiscal Intermediary

- An independent agent that receives Mental Health funds and makes payment for services and supports.
 - Handles accounting.
 - Maintains accountability over funds.
 - Acts as employer agent if someone hires their own staff.
 - Criminal background
 - Assures compliance with tax filings and labor laws
 - Shields person from liabilities as employer
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Pulling It All Together

- Person accesses Mental Health Services through Detroit-Wayne County Community Mental Health Agency.
 - Person and chosen MCPN develop a plan of service based on the person centered planning process which identifies needed supports and services.
 - Plan of Service confirms principles of Self Determination.
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